



“Out beyond ideas of wrongdoing and rightdoing
there is a field.
I'll meet you there.

When the soul lies down in that grass
the world is too full to talk about.”
— **Jalal Ad-Din Rumi**

Silence Retreat Ibiza 28 October - 2 November 2019

www.colibricircle.com

Colibri Circle introduces inSilence



inSilence has been brewing in our pot and hearts for a while; and in 2019 we are holding our second edition! Some people have been waiting for this news, so here it is. Again we will be on Ibiza, this time during the indian summer, touching the autumn vibe. We look forward to meeting you in person. Or maybe you would like to get to know through Skype or Zoom.

The inSilence Retreat includes

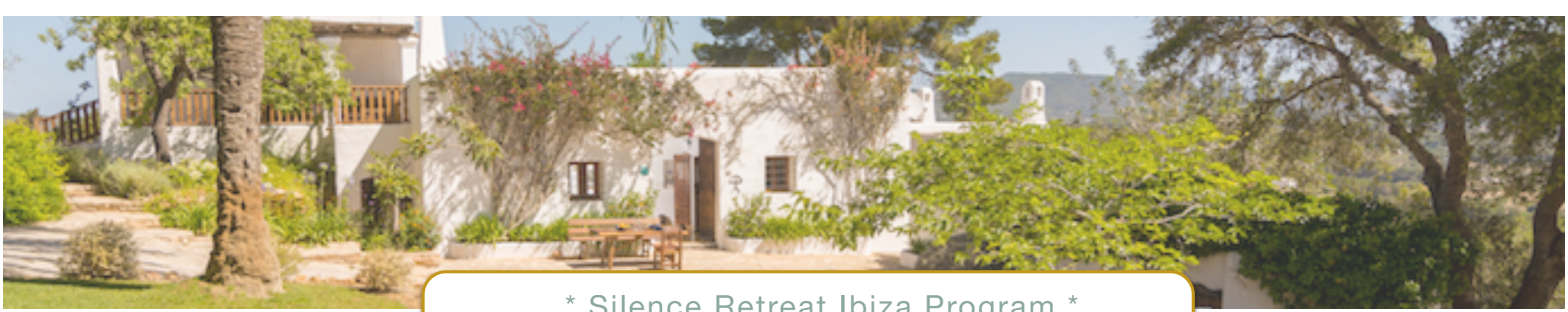
- 5 days stay in comfortable Ibicencan Villa in nature on a sunrise mountain, with swimming pool
- 5 days of silence, it is a journey on it's own
- yoga and other body movement, inner work workshops, breath work and meditations to help you go deeper into the silence
- 3 meals per day, healthy snacks, juices, water and hot drinks during the whole retreat. All the food is plant based (vegan cooked & bits of raw food), organic and as much as possible local
- Guided meditations, movement and breath work to help you enter deeper into the silence
- and . . . unexpected fun . . .



You may have some burning questions after reading this information, do not hesitate to contact us. See the contact details further on. We are available for a personal encounter through Skype.

Contribution

The price of this package is €1200,- per person based on a shared room or €1500,- per person based on a private room. It is possible to pay in instalments, talk to us and we gladly inform you.



* Silence Retreat Ibiza Program *
28 October - 2 November

Arrival Day | Monday 28th October

15:00 - 16:30
Welcome | Refreshments
Check-in & settling in

16:30 - 17:00
Introduction & first sharing
Programme & practical information

17:00 - 18:00
Movement

18:30 - 20:30
Dinner Buffet

21:00 - 22:00
Meditation going into the silence

From Day 2 to Day 6

7:30
Bells sounding / light breakfast / water /
tea / smoothie shot

8:00 - 9:00
Meeting at the yoga platform for body
movement | breath work exercises |
meditation

9:00 - 9:45
Breakfast Buffet

10:00 - 11:30
Silent walk

11:30 - 12:30
Free time

12:30 - 13:30
Lunch Buffet

Departure day | Saturday 2nd November

8:00
Bells sounding

8:30 - 9:30
Goodbye with a smile | Breakfast Buffet

11:00
Check-out and bye byes | Transfers

An Ibicencan finca in the north east of Ibiza will be our haven.

We will stay in a comfortable finca in nature. Every morning we see the sun rise. We stroll up the mountain, into the forest. Enjoy a dip in the pool.

All in Silence.

There will be shared rooms and a couple of single rooms.

Contact us for more information.



Meet us !



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We love to hear from you, call or send us a message.

inSilence

on Ibiza

THE CONDITIONS

Accommodation

You will be staying at Can Planetas or in a comparable villa. You can choose for shared accommodation or a private room.

Arrival & Departure

Check-in is possible from Monday 28th October from 10:00. Check-out will be 2nd November at 10:30.

Prices & Payment

- The price for a shared room is €1200,-. The price for a single room is €1500,- excluding VAT.
- We request a deposit of €400,- of the total amount.
- The remainder should be received 3 weeks before the start of the retreat.
- It is possible to pay the amount in parts. Final payment should be received 3 weeks before the start of the retreat.

Cancellation

In the event that you need to cancel, €400,- deposit will be kept for accommodation and administration cost.

- 100% refund (apart from the deposit): cancellation till 8 weeks before the retreat
- 75% refund (apart from the deposit): cancellation between 8 weeks to 4 weeks before the retreat
- 50% refund (apart from the deposit): cancellation 4 weeks or less before the retreat.

Insurance

We recommend you to arrange a travel insurance before your departure to Ibiza.

Why inSilence ?



release



quite mind



inner peace



self love



clarity



inSilence

28 October - 2 November

Ibiza





Silence speaks, can You hear what it tells You?

For ages Monks have been in complete silence in order to grow spiritually and learn more about life.

What happens with you when you are in complete silence for a week? Do you need dialogue or can you communicate with your inner world?

We dare to invite you to step into this adventure of silence for 7 days. On Ibiza, in nature, in a villa with swimming pool, great vegan food and workshops, breath work and more . . . to get you through.